

**JANUARY**

**2025**

**FAMILY**

**POOL**

**SCHEDULE**



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM							
6:00 AM		Early Rizer Water Aerobics		Early Rizer Water Aerobics			
7:00 AM	Low Impact Water Aerobics	6:00-6:45AM	Low Impact Water Aerobics	6:00-6:45AM	Low Impact Water Aerobics	CLOSED	
8:00 AM	7:15-8:00AM	Marshfield PT 7:00-9:00AM	7:15-8:00AM	Marshfield PT 7:00-9:00AM	7:15-8:00AM		
8:30 AM	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking		
9:00 AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	Propulsion Walking	
10:00 AM	Intermediate Water Aerobics	Swim Lessons	Intermediate Water Aerobics	Swim Lessons	Intermediate Water Aerobics	8:30-12:00PM	
10:30 AM	10:00AM-10:45AM	8:30-12:00PM	10:00AM-10:45AM	8:30-12:00PM	10:00AM-10:45AM	Swim Lessons	
11:15 AM						8:30-12:00PM	
12:00 PM						Family Open Swim	
1:00 PM						& Lazy River	
2:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	12:00-4:30PM	
3:00 PM	11:15AM-4:00PM	11:15AM-4:00PM	11:15AM-4:00PM	11:15AM-4:00PM	11:15AM-4:00PM	Slide	
3:45 PM						12:30-3:30	
4:00 PM							
4:30 PM							
5:00 PM		Propulsion Walking		Propulsion Walking	Family Open Swim		
5:30 PM	Family Open Swim	4:00-7:00PM	Family Open Swim	4:00-7:00PM	& Lazy River		
6:00 PM	4:00-7:30PM	Swim Lessons	4:00-7:30PM	Swim Lessons	4:00-7:30PM	CLOSED	
6:30 PM		4:00-7:00PM		4:00-7:00PM			
7:00 PM		CLOSED		CLOSED			
7:30 PM	CLOSED		CLOSED		CLOSED		

**POOL CLOSURES/EVENTS**

Hours and Schedules as of 1/1/2025	
YMCA Facility Hours	
Monday- Friday	5a-8p
Saturday	7a-6p
Sunday	12p-3:30p

\*Members must be at least 13 years old to participate in propulsion walking\*