

COMPETITIVE POOL SCHEDULE October 2024

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM	LAP SWIM (8)		LAP SWIM (8)		LAP SWIM (8)	CLOSED	
6:00 AM 7:00 AM	5:00-8:00AM	LAP SWIM (8) 5:00-9:30AM	5:00-8:00AM	LAP SWIM (8)	5:00-8:00AM		
8:00 AM	LAP SWIM (2)		LAP SWIM (2)	5:00-9:30AM	LAP SWIM (2) DEEP WATER AQUA JOG (6) 8:00-8:45AM	LAP SWIM (8)	
8:45 AM	DEEP WATER AQUA JOG (6) 8:00-8:45AM		DEEP WATER AQUA JOG (6) 8:00-8:45AM			7:00-9:00AM	
9:00 AM						DEEDWATER	
9:45 AM	LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM	LAP SWIM (4) SWIM LESSONS (4)	LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM	LAP SWIM (4) SWIM LESSONS (4)	LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM	LAP SWIM(4) LAP SWIM(4) DEEP WATER HIGH INTENSITY(2) AM 8:45-9:45	
10:00 AM		9:30-10:30AM		9:30-10:30AM	LAP SWIM (8) 9:45-10:30AM	SWIM LESSONS (2) 9:00-10:30AM	
10:30 AM		LAP SWIM (8) 10:30-3:45PM			LAP SWIM (5) PADDLE BOARD BALANCE	LAP SWIM (4)	
11:00 AM	LAP SWIM (8) 9:45-3:45PM		LAP SWIM (8) 9:45-3:45PM		& FLOW (3) 10:30-11:15AM	SWIM LESSONS (4) 10:30-12:00AM	
12:00 PM				LAP SWIM (8) 10:30-3:45PM	LAP SWIM (8) 11:15-3:45PM		
1:00 PM 2:00 PM						LAP SWIM (5) DIVING BOARD (3)	CLOSED
3:00 PM							
3:45 PM	LAP SWIM (3)	LAP SWIM (3) BDHS SWIM TEAM (5)	LAP SWIM (3)	LAP SWIM (3) BDHS SWIM TEAM (5)		12:00-4:30PM	
4:00 PM		3:45-5:45PM		3:45-5:45PM	LAP SWIM (3)		
4:30 PM	BDHS SWIM TEAM (5) 3:45-5:45PM	LAP SWIM(1)	BDHS SWIM TEAM (5) 3:45-5:45PM	LAP SWIM(1)	BDHS SWIM TEAM (5)		
5:00 PM	LAP SWIM (1) TEAM (5)			LAP SWIM (1) TEAM (5)	3:45-5:45PM		
5:30 PM	LAP SWIM (1) DEEP WATER HIGH	SWIM LESSONS (2) 3:45-5:45PM	DEEP WATER HIGH INTENSITY(2)	3:45-5:45PM SWIM LESSONS (2)			
6:00 PM	INTENSITY(2) 5:30-6:30PM	4:30-6:30PM	5:30-6:30PM SEA DRAGONS SWIM CLINIC	4:30-6:30PM	LAP SWIM (3) SEA	CLOSED	
6:30 PM	LAP SWIM (5)		LAP SWIM (2) (2)		DIVING BOARD DRAGONS (3) SWIM CLINIC		
7:00 PM	DEEP WATER AQUA JOG (3) 6:30-7:30PM	LAP SWIM (4) SWIM LESSONS(4) 7:00-7:30PM	DEEP WATER AQUA JOG (3) 6:30-7:30PM PRIVATE SWIM LESSONS (1)	LAP SWIM (4) SWIM LESSONS (4) 7:00-7:30PM	5:45-7:30PM (2)		
7:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

POOL/	LANE	CLOSUR	ES
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Hours and Schedules as of 10/1/2024

CLOSED Monday Oct 7th and Oct 21st from 4-7:30pm	YMCA Facility Hours		
- Due to a BDHS Girls Swim Meet	Monday-Friday	5a-8p	
	Saturday	7a-6p	
*Disclaimer: Lane availabilty may vary depending on YMCA programs. When lanes are limited, lane sharing and circle swimming is encouraged.	Sunday	CLOSED	

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