



COMPETITIVE POOL SCHEDULE JULY 2024

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM	LAP SWIM (8) 5:00-8:00AM	LAP SWIM (8) 5:00-9:30AM	LAP SWIM (8) 5:00-8:00AM	LAP SWIM (8) 5:00-9:30AM	LAP SWIM (8) 5:00-8:00AM	CLOSED	
6:00 AM						LAP SWIM (8) 7:00-9:00AM	CLOSED
7:00 AM							
8:00 AM	LAP SWIM (2) DEEP WATER AQUA JOG (6) 8:00-8:45AM	LAP SWIM (6) SWIM LESSONS (2) 9:30-10:30AM	LAP SWIM (2) DEEP WATER AQUA JOG (6) 8:00-8:45AM	LAP SWIM (6) SWIM LESSONS (2) 9:30-10:30AM	LAP SWIM (2) DEEP WATER AQUA JOG (6) 8:00-8:45AM	LAP SWIM (4) SWIM LESSONS (2) 9:00-10:30AM	DEEP WATER HIGH INTENSITY(2) 9:00-9:50AM
8:45 AM	LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM		LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM		LAP SWIM (2) SWIM LESSONS (6) 10:30-12:00PM		
9:00 AM							
9:45 AM	LAP SWIM (8) 9:45-4:00PM	LAP SWIM (8) 12:00-4:30PM	LAP SWIM (8) 9:45-4:00PM	LAP SWIM (8) 12:00-4:30PM	LAP SWIM (8) 9:45-4:00PM	CLOSED	
10:00 AM						LAP SWIM (5) DIVING BOARD (3) 12:00-4:30PM	CLOSED
10:30 AM							
11:00 AM	LAP SWIM (4) SUMMER SWIM TEAM (4) 4:00-5:30PM	LAP SWIM (6) SWIM LESSONS (2) 4:30-7:00PM	LAP SWIM (4) SUMMER SWIM TEAM (4) 4:00-5:30PM	LAP SWIM (6) SWIM LESSONS (2) 4:30-7:00PM	LAP SWIM (5) DIVING BOARD (3) 4:00-7:30PM	CLOSED	
12:00 PM						CLOSED	
1:00 PM							
2:00 PM	LAP SWIM (6) DEEP WATER HIGH INTENSITY(2) 5:30-6:30PM	LAP SWIM (2) SWIM LESSONS(6) 7:00-7:30PM	LAP SWIM (6) SHALLOW WATER FITNESS(2) 5:30-6:30PM	LAP SWIM (2) SWIM LESSONS (2) 4:30-7:00PM	LAP SWIM (5) DIVING BOARD (3) 4:00-7:30PM	CLOSED	
3:00 PM						CLOSED	
3:30 PM							
4:00 PM	LAP SWIM (5) DEEP WATER AQUA JOG (3) 6:30-7:30PM	LAP SWIM (2) SWIM LESSONS(6) 7:00-7:30PM	LAP SWIM (5) DEEP WATER AQUA JOG (3) 6:30-7:30PM	LAP SWIM (3) SWIM LESSONS (5) 7:00-7:30PM	LAP SWIM (5) DIVING BOARD (3) 4:00-7:30PM	CLOSED	
4:30 PM						CLOSED	
5:00 PM							
5:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
6:00 PM						CLOSED	
6:30 PM							
7:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
7:30 PM						CLOSED	
	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		CLOSED

POOL/LANE CLOSURES

Hours and Schedules as of 7/1/2024

YMCA Facility Hours

Monday-Friday	5a-8p
Saturday	7a-6p
Sunday	CLOSED

***Disclaimer: Lane availability may vary depending on YMCA programs. When lanes are limited, lane sharing and circle swimming is encouraged.**

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