

COMPETITIVE POOL SCHEDULE JULY 2024

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		Sunday
5:00 AM	LAD CWIM (O)	LAP SWIM (8)	LAP SWIM (8) 5:00-8:00AM	LAP SWIM (8) 5:00-9:30AM	LAD CINITAL (O)	CLOSED		
6:00 AM	LAP SWIM (8) 5:00-8:00AM				LAP SWIM (8) 5:00-8:00AM			
7:00 AM								
8:00 AM	LAP SWIM (2) 5:00-9:30AM DEEP WATER AQUA JOG (6)		LAP SWIM (2) DEEP WATER AQUA JOG (6)	5:00-9:30AM	LAP SWIM (2) DEEP WATER AQUA JOG (6)	LAP SWIM (8) 7:00-9:00AM		
8:45 AM	8:00-8:45AM	ļ.	8:00-8:45AM		8:00-8:45AM			
9:00 AM	LAP SWIM (2)		LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM		LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM	LAP SWIM(4) DEEP WATER HIGH INTENSITY(2) 9:00-9:50AM		
9:45 AM	WATER AEROBICS (6) 9:00-9:45AM	LAP SWIM (4) SWIM LESSONS (4) 9:30-10:30AM		LAP SWIM (4) SWIM LESSONS (4) 9:30-10:30AM				
10:00 AM	LAP SWIM (8) 9:45-4:00PM	9.30-10.30AM	LAP SWIM (8) 9:45-4:00PM	9.30-10.30AN		SWIM LESSONS (2) 9:00-10:30AM		
10:30 AM		LAP SWIM (2) SWIM LESSONS (6) 10:30-12:00PM		LAP SWIM (2)		LAP SWIM (4) SWIM LESSONS (4) 10:30-12:00AM		
11:00 AM				SWIM LESSONS (6) 10:30-12:00PM				
12:00 PM		LAP SWIM (8) 12:00-4:30PM		LAP SWIM (8) 12:00-4:30PM	LAP SWIM (8) 9:45-4:00PM	LAP SWIM (5) DIVING BOARD (3) 12:00-4:30PM		
1:00 PM								CLOSED
2:00 PM								
3:00 PM								
3:30 PM								
4:00 PM	1.10 (1)		1 10 CUTM (1)					
4:30 PM	LAP SWIM (4)		LAP SWIM (4)					
5:00 PM	SUMMER SWIM TEAM (4) 4:00-5:30PM		SUMMER SWIM TEAM (4) 4:00-5:30PM					
	LAD CUITM (C)	LAP SWIM (6)		LAP SWIM (6)	LAP SWIM (5)			
5:30 PM	LAP SWIM (6)	SWIM LESSONS (2) 4:30-7:00PM	LAP SWIM (6)	SWIM LESSONS (2) 4:30-7:00PM	DIVING BOARD (3)			
6:00 PM	DEEP WATER HIGH INTENSITY(2) 5:30-6:30PM		SHALLOW WATER FITNESS(2) 5:30-6:30PM LAP SWIM (5)		4:00-7:30PM	CLOSED		
6:30 PM	LAP SWIM (5)							
7:00 PM	DEEP WATER AQUA JOG (3) 6:30-7:30PM	LAP SWIM (2) SWIM LESSONS(6) 7:00-7:30PM	DEEP WATER AQUA JOG (3) 6:30-7:30PM	LAP SWIM (3) SWIM LESSONS (5) 7:00-7:30PM				
7:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED			

POOL/LANE CLOSURES

Thusrday, August 1st 9:00-10:00a Lanes 6 & 7 will be reserved for Youth Sports Camp

*Disclaimer: Lane availabilty may vary depending on YMCA programs. When lanes are limited, lane sharing and circle swimming is encouraged.

YMCA OF DODGE COUNTY
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Hours and Schedules as of 7/18/2024

YMCA Facility Hours					
Monday-Friday	5a-8p				
Saturday	7a-6p				
Sunday	CLOSED				